



Drayton Green Primary School

Newsletter 7.2.25

Whole school attendance = 94.8%

The class with the highest attendance is: **5D** with 98.8% Well done!

This week we have been learning about and raising awareness of children's mental health week. The theme this year is "**Know yourself, grow yourself**" so we have been talking about understanding who we are and being able to identify what makes us happy/sad/worried, etc.

In class we have done different activities to focus on mindfulness and keeping calm and regulated. We have also thought about strategies for what children can do when they feel an extreme emotion, some examples are journaling or talking to a trusted adult.



The children enjoyed dressing up in different colours today to represent different emotions from the film Inside Out 2 and were able to describe which emotion they were portraying.

Here are some sites for some more information of how you can help to support your child's mental health;

- [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)
- [Here4You - No young person should ever feel alone](#)
- The Circle Café in Ealing - [Circle - Hammersmith, Fulham, Ealing and Hounslow Mind](#)

If you have any concerns about your child, please speak to us so that we can support you or guide you to an agency that can offer more support.

Certificate winners

Well done to the following children who were awarded a certificate in assembly this week or last week for their efforts with their work, behaviour and attitudes.

Year 3 – Aline, Amelia, Dana, Emma, Eric, Jory, Kiamy, Vincenzo, Yousef, Zakariyah

Year 4 – Anirudh, Asmaa, Ghazal, Harleen, Julian, Karim, Khalid, Mao, Vlad

Year 5 – Andrea, Ayah, Esmé, Kiranpreet, Keion, Maia, Musa, Rania, Yasa, Zahra

Year 6 – AJ, Aisha, Halima, KB, Zainab

New website

We are excited to share with you that our new website is live! We will be updating the website regularly with important and useful information for parents and carers. We will also be adding photos of the wonderful work the children are doing and useful links for further support on the year group pages.

Please have a look at our new website;

www.draytongreen.ealing.sch.uk

Year 5 trip to Hampton Court

Yesterday, Year 5 went to visit Hampton Court Palace. They had a fantastic time exploring the palace and the grounds. They also attended a workshop about Henry VIII and the Tudors, where they had the chance to explore his personality by analysing a range of different historical sources.

They worked in groups to think as historians and tried to find answers to questions such as; how did Henry VIII change the Church in England? and did he like Hampton Court Palace?

They visited the royal apartments, the gardens, the royal kitchens and the art gallery. Everyone had a brilliant time. Thank you to all of the parents/carers and staff who supported on the trip!



Dates to remember

Friday 14th February – School closes for half term – at 3:15pm (normal time)

Monday 17th – Friday 21st February – school closed for half term

Attendance letters

As a school we are always trying to improve the attendance rates to ensure all children miss as little of their education as possible. However, we are also aware that children are often ill and we have had a bout of chickenpox which has affected many children's attendance.

All pupils received a letter this week showing your child's current attendance percentage. It is important that all parents are aware of this percentage at points throughout the year, as it is sometimes difficult to remember how many days each child may have missed. If the child's attendance is above 90% this is not a concern and you should continue to keep up the good habits!

If your child's attendance is close to or below 90% this is a concern and needs to improve! The attendance team will be contacting you to see how we can help with getting your child in to school as much as possible.

Being late to school also affects the children's attendance and if they are significantly late they are missing out on important lessons, which will impact their progress.

Please remember:

Book appointments outside of school hours where possible. If you have an appointment that you cannot change (hospital, etc.) then please come into school before or after the appointment if possible to avoid missing the whole day.

Be in school on time every day, children need to be in the classroom ready to start at 8:45am.

Keeping healthy – walk to school

Lots of our children walk, scoot or cycle to school, which is brilliant! If you live further from the school please consider parking slightly further away and walking to the gates. This will help to keep everyone fit and healthy and will ensure that our local residents are not impacted by the traffic around school opening and closing times!

Lots of the surrounding roads have Controlled Parking Zones (CPZ) but many of these start after 10 so you would be able to park there to drop your child to school. **Please check the road signs for the correct timings and charging information!**

Please try to park further from the school gates and walk if you are able to.

Take part in 'Fizz Free February'



Fizz Free February: Let's Go Fizz-Free!

Want an easy way to feel healthier? Ditch the fizzy drinks this February!



You'll cut down on sugar, feel great, and build habits that stick. (but not like the sugar that sticks on your teeth 😊)

How to Join the Fun

It's simple: say goodbye to fizzy drinks for the whole month of February.

Why Go Fizz-Free?

- **Less Sugar, More Health:** Fizzy drinks are packed with sugar, so skipping them means healthier teeth and a happier you.
- **Healthier Habits:** Once you start, making better drink choices gets easier.

Why Is Sugar a Problem? Too much sugar can cause:

- **Tooth Decay**
- **Weight Gain**
- **Poor sleep**

Daily Sugar Limits : Here's how much added sugar you should aim to **limit** each day:

- **Children aged 4-6 years:** 19g (5 sugar cubes)
- **Children aged 7-10 years:** 24g (6 sugar cubes)
- **Aged 11 years and over (including adults):** 30g (7 sugar cubes)



Learn more about sugar recommendations and tips from the **NHS Change4Life Sugar Smart** campaign: [Sugar Smart - NHS Change4Life](#).



Fizz Free February: Inspired by Southwark Council

This campaign is proudly inspired by **Southwark Council's Fizz Free initiative**, which encourages individuals and families to ditch sugary drinks for a healthier lifestyle. Let's join the movement and make February fizz-free together!

Join us and take the 'Fizz Free February' challenge!