



Drayton Green Primary School

Newsletter 6.3.26

Whole school attendance this week = 94.03%

Well done to **4D, 5G and SRP D** who had 98% attendance this week. That is amazing!

5D were close behind with 97% attendance this week.

Keep up the great attendance!

We have enjoyed our focus on books and reading this week and all of the classes have been doing lots of different activities themed around reading and enjoying books.

The children in Years 1-5 enjoyed their visits to West Ealing library and the children in Nursery, Reception and SRP enjoyed their visits to the Drayton Green library. Thank you to all of the parents who volunteered to help on the walk to the library!

Susannah Lloyd, children's author, visited the school on Wednesday. She did an assembly and then ran workshops for the children to tell them about being an author. She gave them tips on how to write interesting and funny stories.

On Thursday, everyone dressed up to celebrate World Book Day and we had a huge array of different characters around the school. It was lovely to see the costumes and hear the children talking about who they were and the different stories they like to read!

A huge thank you to Miss Osman for organising such a fun book week.

We will be continuing the book fun with the Book fair which will be the week before the holidays (Tuesday 24th – Friday 27th March). Children will be able to buy books at a reduced price and we will be able to earn free books for the school. Please come along after school and see if there is anything you might like to buy!

Please help us and continue to encourage the children to read every day. You can visit the library and get a free card to access hundreds of books and try to encourage the children to read a little bit every day! The children need to read lots of different types of books to increase their vocabulary and to experience how different authors write. Encourage them to try reading books by different authors or reading non-fiction books to be able to research information on different subjects, events or learn new skills. The more children read, the better their imagination will be and the wider their vocabulary, which will help them in all subjects across the curriculum as they get older!

Dates for your diaries

We have lots of exciting events and important dates coming up in the next few weeks. Please keep these dates in your diaries so you don't miss a meeting, workshop or dress up day!

Middlesex Cricket sessions begin (running every Tuesday until Easter)

Tuesday 17th March - SRP D, EYFS & KS1 parents meetings

Wednesday 18th March - SRP G & KS2 parents meetings

Wednesday 18th March – TRRAC reward trip

Tuesday 24th – Friday 27th March – Book fair after school every day

Thursday 26th March – coffee morning for Year 5 parents run by MHST to introduce Brain Buddies

Monday 30th March - Friday 10th April – Easter holiday – school closed to all children

Monday 13th April – children return to school.

Certificate winners

Each half term we will be focusing on one of our school values for the celebration assembly.

The value of the half term is **trust**.

Well done to the children who received a certificate this week for their fantastic effort and achievements!

Well done to the children who received a **person of the week** certificate, for their excellent behaviour or attitudes throughout the week!

We also have a certificate for **presentation**, which will be awarded to the child in each class who has worked to improve their presentation or who consistently presents their work neatly.

	Trust	Person of the week	Presentation
Reception	Hourik	Khoshi	Arlo B
Year 1	Kathleen Marie	Aalia	Moaiad
Year 2	Khari May	Hana	Adam
Year 3	Seba	Silsila	Amara
Year 4	Vincenzo and Emma	Keyaa and Yhiya	Ellie and Aliya
Year 5	Esther H and Asmaa	Mao and Karim	Esther H and Noor
Year 6	Joshua	Poppy	

Brain Buddies

Brain Buddies is a series of workshops that are run by the Ealing Mental Health Support Team (MHST).

The **Brain Buddies** programme aims to develop students' understanding of emotional regulation by teaching skills in self-care, staying calm and problem solving. Your child's teacher will co-facilitate the programme with the school's EWP.

The sessions will cover a range of topics including:

- Welcome to Brain Buddies: What are emotions and how can we spot them?
- Our Brilliant Brains: Basic brain structure and the origin of emotions
- Making sense of our emotions: The relationship between emotions and body sensations
- Body and thinking skills for our brain buddy backpack: coping strategies
- How thoughts can affect feelings
- Problem solving to get ahead of difficulties
- "My Brain Buddies Backpack": skills to take away

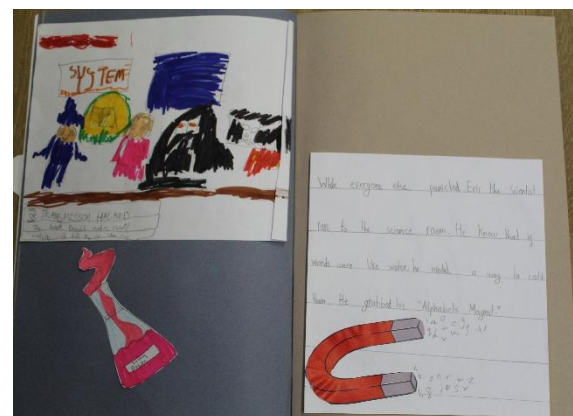
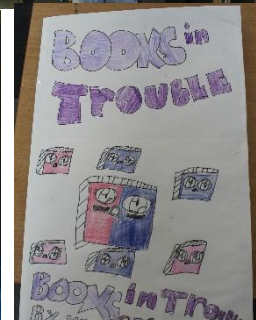
This term our Educational Well-being Practitioner (EWP) from the Ealing Mental Health Support Team (MHST) will be **working with Year 5** to run the Brain Buddies programme but they will be working with other children across the school in future terms.

If your child is in **Year 5** and you would like more information, please come to the coffee morning on Thursday 26th March to meet Eleanor (Educational Well-being Practitioner) and ask any questions you may have.

Please see the leaflet at the end of this newsletter for more information about the Ealing Mental Health Support Team and how they can support parents/carers and children.

World Book Day

During assembly, the children received an emergency alert that a book villain was planning to steal all the words from books. They worked as a class and created convincing picture books explaining how they were going to defeat the villain and save stories. The classes created some fantastic books and had a great time using their imaginations and getting creative! The children were rewarded with books (that had all of the words in) and they got to read them in our newly updated school library.

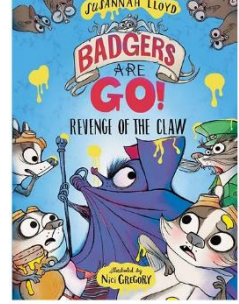
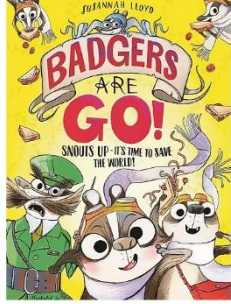
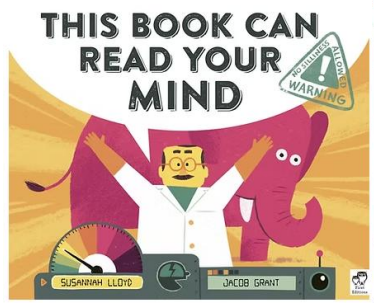
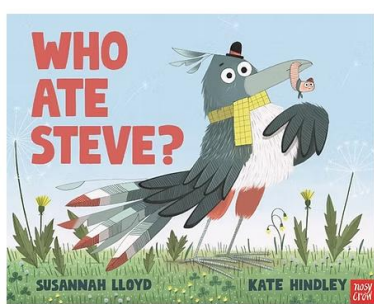


We also had some amazing projects that the children have made. Here are just a few of the fabulous creations!



Meet the author!

We were very lucky to have a visit from Susannah Lloyd who is an author and has written lots of children's books. She did an assembly to introduce herself to the school and explained what an author does and then she did workshops or story time with the different year groups. The children got to hear some of her brilliant stories.



Visits to Ealing library

The children in Years 1 – 5 each took turns to visit the library this week. They were given time to explore the children's section and see what books they could borrow. The library staff explained how children can get a library card and borrow lots of books for free. When they have read the books, they return them and can choose some more to borrow.

The children were very sensible on the walk and were well behaved and very quiet when they were in the library so they didn't disturb anyone else who was enjoying the library.

Drayton Green library

Ms Richter and Miss Osman have worked very hard to update and improve our school library over the past few weeks. They sorted out the books and replaced any that were very old or in a bad state. The children will now be able to visit the library and enjoy the books in there. We are working on putting a system in place so that the children can borrow the books and bring them home to enjoy reading at the weekends and share stories with family members.

Have a look at the lovely new library space! If you have any new or good quality books that you would like to donate to add to our library selection, please speak to your class teacher or the office.



Ealing MHST Privacy Notice

How is my child's data stored?

The MHST is part of the West London NHST Trust which uses the Electronic Patient Record System to store and process patient information such as session notes and personal details.

Your child's data may be accessible by other healthcare professionals involved in your child's care such as your child's GP.

Is my child's data kept confidential?

All information is kept confidential and is governed by various legislations and policies. For more information please visit the website below for West London's NHS Privacy Statement or scan the QR code with your camera to open the link.



[Privacy statement: West London NHS Trust](#)

How to contact the Ealing MHST:

Operating hours:

Monday - Friday

09:00 - 17:00

(excluding bank holidays)

Ealing.mhst@nhs.net

[Ealing Mental Health Support Team](#)



NHS

West London
NHS Trust

Ealing Mental Health Support Team

Support available in primary schools



Promoting hope & wellbeing together

What is the Ealing MHST?

The Ealing Mental Health Support Team (MHST) is an NHS Service and sits within the Child and Adolescent Mental Health Service (CAMHS).

We work with schools across Ealing to provide emotional wellbeing and mental health support to children/young people and their parents at the first signs of difficulty.



Who are we?

Our team is made up of:

- Wellbeing Practitioners (WPs)
- Learning Disability and Autism Practitioners (LDAPs)
- Senior Clinicians

Our WPs are responsible for providing mental health and wellbeing support to their allocated primary schools.

Who do we support?

In primary schools, we support parents/carers whose children have recently been experiencing mild to moderate worries, fears/phobias and behaviours that challenge at home.

We also run online workshops for parents/carers covering a range of topics including Child Anxiety, Introduction to Autism, Supporting Positive Behaviour and Screen Time.

How can you access our support?



Identify difficulty
(behaviour or anxiety)

School to speak
with MHST

Speak to school
SENCO/Mental
Health Lead

MHST to offer
parent assessment
or signposting

What do our interventions support with?

Our team offers parent/carers 6-8 week one-to-one online or in person interventions to support with...

Child anxiety...

Excessive worries

**Physical symptoms not related
to other health conditions**
(shaking/dizziness)

**Social anxiety (crowds, new
people, public speaking)**

Worries separating from others
(parents/carers)

**Fears and phobias (dogs,
heights, sleeping alone)**

Avoidance of places or situations

Behaviours of concern...

Difficulties following instructions

Difficulties following routine

Emotional outbursts

Challenges with friends/siblings

Physical outbursts

Challenging rules and boundaries

Does your child have a learning disability or autism? LDAPs are able to provide brief adapted support for children with anxiety, low mood, and/or behaviours of concern.



What do our parents/carers think?

"Looking back on how things were when we first started, there has been such a big change"

"We have so much more patience now and our communication is great"

"Words cannot express how grateful I am for all the support"

"We are so grateful that a service like this exists"

"You put yourself in our shoes - the very definition of empathetic"